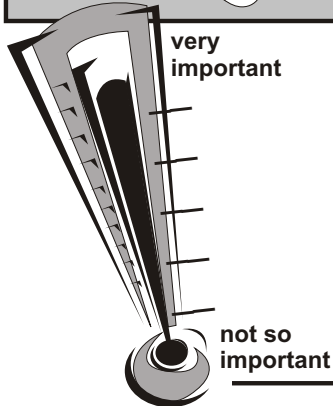


Tough Choices

about How I Look

Lesson #6

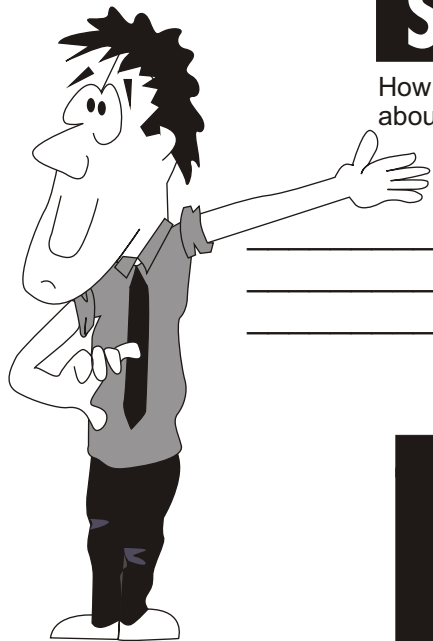


How important is a person's physical appearance? Using the scale to your left, rank the importance you think our world places on how a person looks.



So...What Can I Do About It?

How much control do we have over our appearance? What are we able to change about the way we look? Make a list below of things we can and cannot change.



Can Change:

Cannot Change:

TRUE / NOT TRUE

People put too much emphasis on physical appearance.

That's True That's Not True

It's okay for Christian to dress in current styles.

That's True That's Not True

It's okay to wear clothes that cause people to notice your body and that make you look sexy.

That's True That's Not True

Only "good looking" people will find friends and have a good time in life.





That's True That's Not True

God really cares about my physical appearance.

I think so I think not

God's Guidance

What does God have to say about how I look? Read each of the passages below. Then, choose one and write a brief essay on what God is saying in this passage about our physical appearance.

-  I Timothy 2:9-10
-  Acts 10:34-35
-  Proverbs 31:30
-  I Samuel 16:7